



Bright Stars Youth FC Player Code of Conduct

To ensure a positive experience at Bright Stars Youth FC, I pledge to:

1. Display exemplary behavior both on and off the field.
2. Prioritize my schoolwork and education, balancing it with my football commitments.
3. Always give my best effort and play fairly.
4. Listen attentively to instructions, seek clarification when needed, and ask questions without hesitation.
5. Adhere to the rules of the game and refrain from disputing decisions made by referees.
6. Show respect to opponents and officials by shaking hands after each game.
7. Encourage and support my teammates at all times.
8. Embrace mistakes as opportunities for growth and learning.
9. Reach out to a trusted person or our club welfare officer if I have concerns.
10. Arrive promptly for training and matches, ready to participate.
11. Notify my coaches in advance if I am unable to attend a training session or match.
12. Equip myself properly for training and matches:
 - Footwear appropriate for the surface (trainers, molded, or studs).
 - Mandatory shin pads for training and matches.
 - Correct training kit.
 - Adequate warm clothing or waterproofs, especially on match days.
 - A water bottle to stay hydrated.
13. Always warm up and cool down properly, allotting sufficient time for both.
14. Listen attentively to post-match analysis and use feedback to improve my performance.
15. Fuel myself with nutritious food and fluids for proper recovery.
16. Promptly report any injuries to my coach or manager.
17. Be willing to apologize to teammates, opponents, referees, or team managers if necessary.
18. Understand that receiving a formal warning from my coach, team manager, or club committee may be a consequence of inappropriate behavior.
19. Recognize that suspension from training or matches may occur in response to breaches of conduct.
20. Acknowledge that my parent or guardian may be informed of any violations of the Code of Conduct by my club or County FA.
21. Be aware that The FA/County FA may impose fines and suspensions on the club for certain infractions.

By adhering to these commitments, I contribute to the positive and respectful environment at Bright Stars Youth FC.